

COFFEE & TEA



ESPRESSO			
SHOT	50		
AMERICANO	60	HOT CHOCOLATE	80
CAPPUCCINO	70	CHAI WITH MILK	80
LATTE	70	MATCHA TEA	80
MOCHA	70		
ICED COFFEE	80	TEA	70
FRAPPUCCINO	80	HERBAL	
AGLASS OF MILK	70	GREEN	
		BLACK	

COLD DRINKS



WATER	10
SODA WATER WITH LIME	40
WHOLE GOLD COCONUT	80
FRESH SQUEEZED OJ	90
FRESH SQUEEZED LEMONADE	90
DR. PEPPER	110
AUSTRALIAN ROOT BEER	110
BUNDABERG GINGER BEER	110
FLAVORED SAN PELLEGRINO	110

FRESH JUICES

	PRESSED	100
CARROT		
BEET		
APPLE	COMBO	100

COMBO JUICES 110

- THE DETOXER:** CARROT, BEET, GINGER & APPLE
- VISIONARY:** CARROT, ORANGE, GINGER & FUMERIC
- SWEETIE:** APPLE, CARROT & KALE
- GINGER ZINGER:** CARROT, APPLE, LEMON & GINGER
- GREEN GODDESS:** CUCUMBER, CELERY, APPLE, SPINACH, GINGER, LEMON

SMOOTHIES 110

- VERY BERRY:** STRAWBERRY, BLUEBERRY, RASPBERRY & BANANA
- GREENY:** KALE, BANANA, CHIA SEED & HONEY
- TROPICAL:** MANGO, BANANA, PINEAPPLE, COCONUT, LIME
- PAPPY BAN:** PAPAYA, BANANA, FUMERIC, LIME
- MINTY PIKE:** PINEAPPLE, CUCUMBER, BANANA, MINT, APPLE
- DRAGON LOVE:** DRAGON FRUIT, OJ, BLUEBERRIES, GINGER

FOOD

PANINI'S & SANDWICHES

HOUSEMADE GRANOLA

PACKED WITH GOODNESS, ROLLED OATS, RAISINS, GRANBERRIES, ALMONDS, WALNUTS, PECANS, COCONUT FLAKES, PUMPKIN SEEDS, SUNFLOWER SEEDS, CHIA SEEDS, VIRGIN COCONUT OIL, VANILLA, CINNAMON & NUTMEG

SERVED WITH EITHER **140**
WHOLE MILK OR ALMOND MILK OR YOGURT
TOPPED WITH SLICED BANANA & MANGO

EGGPLANT PARMESAN 220

EGGPLANT SAUTÉED AND HEAPED WITH OUR TOMATO BASIL SAUCE WITH MOZZARELLA AND PARMESAN

EGGS & POTATOES 220

SUNNY SIDE EGG ATOP ROASTED POTATOES, SAUTÉED MUSHROOMS, ONIONS AND VEGGIE SAUSAGE

CHICKEN PESTO 230

HOUSEMADE PESTO SLATHERED ONTO OUR FOCACCIA, LAYERED WITH CHICKEN BREAST SLICES, TOMATOES, RED ONIONS, AVOCADO & FRESH MOZZARELLA

ROASTED VEGGIES 220

MUSHROOMS, SWISS CHEESES, CARAMELIZED ONIONS, ROASTED RED PEPPERS, TOMATOES, ROASTED VEGETABLES

BAGEL & LOX 240

TOASTED BAGEL WITH SCALLION CREAM CHEESE, SMOKED SALMON, SERVED WITH SLICED TOMATO, SLICED RED ONION, CAPERS AND A BIT OF SALAD

BEYOND MEAT BURGER 240

4 OZ BEYOND MEAT BURGER GRILLED WITH CARAMELIZED ONIONS & MUSHROOMS, LETTUCE, SLICED TOMATO & AVOCADO WITH PESTO/SUNDRIED TOMATO SPREAD

SALADS

CAESAR SALAD 220

ROMAINE LEAVES TOSSED IN A TANGY, GARLICY, DRESSING, MADE HERE, WITH FRESH BRIOCH CROUTONS & SHAVED PARMESAN

WITH SLICED CHICKEN BREAST 230

GOBB SALAD 220

A BOWL OF GREENS, TOPPED WITH CHOPPED HARD BOILED EGGS, CHOPPED TOMATOES, CUCUMBERS, AVOCADO, FETA CHEESE, WALNUTS & VEGGIE BACON BITS, TOSSED IN A GORGONZOLA DRESSING

WITH CHOPPED CHICKEN BREAST 230